



Mason General Hospital presents:

FREE

Women's Health Event

Saturday, October 16, 2010 • 9:00 a.m. – 3:00 p.m.

Hospital South Entrance

Join the fun... and "Take control of your life!"

- **FREE digital mammogram screening for women uninsured or under-insured, aged 40 to 64***
- **Nutritional services**
- **Cardiac health** – blood pressure screening and information on heart health for women
- **Diabetes** – testing and self-assessment
- **Lactation (breastfeeding) information**
- **Breast self exam instruction**
- **Meet breast & ovarian cancer survivors**
- **Mini-massages**
- **Information on HPV** vaccine used to prevent the types of genital human papillomaviruses (HPV) that cause most cases of cervical cancer and genital warts
- **Healthy refreshments**

** First 50 women who qualify under the Washington Breast, Cervical and Colon Cancer Health program. Free gift with each mammogram. Funded by Karen Hilburn Breast & Cervical Cancer Fund. Women who are insured for mammograms may make appointments for a digital mammogram at a later date by calling (360) 427-9590, option 3.*

Translation services provided • Se habla español

Come and meet MGH Women's Healthcare Providers.

www.MasonGeneral.com



Mason General Hospital *Where caring counts. Feel the difference.™*

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